



RELEASE OF LIABILITY

CITY OF CAIRO/ALEXANDER COUNTY

&

SOUTHERN SEVEN HEALTH DEPARTMENT/HEAD START

The undersigned entrant/participant/contestant in the **Southern Seven Health Department "Tour de Seven 5k Run/Walk"** on September 7, 2019 in Cairo, IL hereby releases the City of Cairo, Alexander County and Southern Seven Health Department/Head Start and all associated agents and employees against any loss, damage, penalty, cost and expense, judgments and decrees that may accrue or be incurred by reason of any accident, loss, wrong, injury or damage to person, life or property in or about the above mentioned arising out of the above described activities.

I should not enter/participate unless I am medically able and properly trained. I agree to abide by any decision of a race official as to my ability to safely complete the course. I assume all risks associated with running or walking the event, including, but not limited to: falls, vehicles, contact with other participants, the effect of weather, and stray/untethered animals.

By signing this liability form, I understand that I have given up my considerable future legal rights and take full responsibility for any personal injury, death or damage to personal property associated with this event.

I further hereby grant permission to use photographs, motion pictures, recordings or any other record of participation in this event for any purpose.

I have signed this form voluntarily and freely as evidenced by my signature below.

PARTICIPANT'S FULL NAME: _____

PARTICIPANT'S SIGNATURE: _____

PARTICIPANT'S ADDRESS: _____

City

State

Zip

DATE: _____

Additional Required Information For Participants Below the Age of 18:

PARENT/GUARDIAN FULL NAME: _____

PARENT/GUARDIAN SIGNATURE: _____

DATE: _____