



My Heart. My Life.™

American Heart Association Start! Walking Paths Submission Form

Thank you for your interest in establishing an American Heart Association Start! Walking Path. Please provide the following information (along with a photo) and submit this form to your local healthy community coalition. Walking paths are promoted on the American Heart Association website www.startwalkingnow.org & the Southern Illinois Healthcare website www.sih.net. Your local American Heart Association and Healthy Community Coalition will determine eligibility and if signage is available for the path.



Contact Name: Contact Phone:

Contact Email:

Walking Path Name:

Walking Path Address:

Walking Path Description (ie: distance, times available, bathroom availability, benches, terrain, parking)

Proud American Heart Association Start! Walking Path Sponsors:



American Heart Association Start! Walking paths coordinated in part by the Healthy Southern Illinois Delta Network and your local healthy community coalitions.



Questions? Contact: Beth Walker, Corporate Events Director - American Heart Association @ 618-983-3234 or beth.walker@heart.org.